## The Royal Air Force Physical Training Instructors Association



The Badge Newsletter No 20 - June 2019

For ex and Serving RAF PTI's, PJI's, ATI's & ERI's

#### **RAF PTI Association Motto**

'Friendship and Respect'

#### **Editors Note:-**

Thank you for accepting me as Editor once again. I am looking forward to getting involved with the PEd world and with those that went on to become ATIs, RTIs, and PJIs.

It has been interesting in rebuilding the RAF PTI website and seeing the response it is getting. I am adding another page called 'What's going on', which will feature planned events etc, so send articles with the details and I will put them on the Website and in the Newsletter if we have room.



Personal news - our local (Wem, Shropshire), computer class called GOAL (Getting Older Adults on Line), which was set up in 2013 has received the Queens Award for Voluntary Service. This is the highest award given to volunteer groups across the UK and is a fantastic achievement and reward for a really great team of Volunteers.

What's this to do with the PEd World? I just happen to be Chairman and I'm chuffed about it. It is good to help people in the local community and it's our intention to get publicity to try and get every town to set up a GOAL team.

Every Town should have a GOAL

#### In this issue of The Badge :-

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Thank you to everyone who supplied the articles/items it made my job as Editor a lot easier.

Friendship and Respect Phil Moyse

# Ian's 500 Mile Battle Back Grand Prix Wednesday 3 – Sunday 7 July 2019



The Battle Back Centre at Lilleshall operates to support wounded, injured and sick personnel. The Centre's goal is to help these people to achieve the best possible recovery so that, they can either return to service duty or to help with the transition back into a civilian life. The Battle Back Centre is part of the Ministry of Defence Recovery Capability Programme which helps to provide sports and adventurous activities for injured and sick personnel across the armed forces.

With this in mind, my objective is to raise funds in order to purchase electric mountain bikes to assist the Centre when running their cycling courses. Giant Cycling company have been very generous in offering special purchase prices for the bikes.

Over the five days, my plan is to cycle 100 miles each day, everyone is welcome to join me on distances between 25 and 100 miles per day. If you would like to join myself, please contact me via email at ian@ultrasport.co.uk or by text on 07815 068065 for further details of the event including routes of each day. I have also had a just giving page set up which will also keep you up to date on how we are doing on our journey on a daily basis along with our fundraising.

Any donations would be greatly appreciated to help support us in providing these brave people on their journey through the Recovery Capability Programme. <a href="https://www.justgiving.com/crowdfunding/battlebackgrandprix">https://www.justgiving.com/crowdfunding/battlebackgrandprix</a>

I will also keep you updated on support from companies along with the great support and participation from my local running club-Newport and District.

Many thanks for your kind support in my final fundraising event for what I consider a most worthwhile cause.









Ian D.G. Kevan BEM Ultrasport Lt

#### **Roebuck Riders Pticc**



Solid ride on Saturday 13<sup>th</sup> April (prior to the AGM) by the <u>Roebuck Riders Pticc</u> sporting the new PTI Jerseys. Some first-time faces welcomed, bantered and embraced as part of our PTI Family! (Gareth Davies was on a fine of cakes for all due to Badmin)

Thanks to <u>lan Ultrasport</u> Kevan for the great 50 mile route out to Ironbridge and Wrekin, with the climb of the day right after a cake stop! ( Same again next year!







# RAF PTI Cycle Jersey from Karuta Sportswear

For those who missed the order for PTI Cycling Jerseys the first time around, there is a further chance to purchase one of these "iconic" jerseys.

Karuta are launching another opportunity to purchase a cycle jersey in the bespoke design containing the PTI Crest. To order contact Martin Longden info@karuta-sportswear.com

Orders will be collated until the closing date of the **30**<sup>th</sup> **June 2019** then delivery is approximately 5 weeks after this date.

Long Sleeve Jersey is priced at £32, Short sleeve is priced at £30 Please state style, size and postal address when ordering. Chest sizing is in inches – Youth 36", Small 38, Medium 40, Large 42, XL 44, 2XL 46, 3XL 48, 4XL 50, 5XL 52

BACS or telephone card payment is available, details will be given via email on receipt of order. UK postage is £3.99, overseas postage will be confirmed on receipt of your order.



Each item purchased will ensure a donation to the RAF PTI Association

Happy cycling folks, PTI family



Best wishes to Dominic O'Sullivan who is off cycling in France with Paul Renton and Peter Golding. Track him on his Facebook page – Day one 7<sup>th</sup> June #PTI Family Tour De France.

Photos of satisfied customers proudly sporting their PTI Family Cycle Jerseys. If you purchase one, please take a "selfie" and send to <a href="mailto:ptisec@outlook.com">ptisec@outlook.com</a>



Mary Worsfold



John Edwards



Peter Golding



Steve Draycott

## **RAF PTI Association Chairman's Award 2018**



Graham Hughes was awarded the Chairman's award at the Annual RAF PTI Association reunion dinner function for the sterling work he has done in organising The South West PTI reunions.

Graham pictured at the South West PTI reunion on the far right

## **RAF PTI Association Chairman's Award Roll of Honour**

2013 – Denise Street Brown

2014 – Roy Rigg

2015 – Dave Percy

2016 – Phil Moyse

2017 – Flt Sgt Ronan Archbold

2018 – Ian Kevan

2019 - Graham Hughes

## SCHOOL OF PHYSICAL TRAINING CENTENARY: WALL OF FAME NOMINATIONS AND QUALIFICATION CRITERIA

Nominations for the School of Physical Training Wall of Fame must meet one or more of the following criteria:-

- 1. All nominations must clearly and explicitly demonstrate the nominee's link to the School of Physical Training.
- 2. The nominee has qualified as a PTI or PEdO by completing a PTI or PEdO course at the School of Physical Training (at its current or any previous location).
- 3. In the case of civil servants and contractors, the nominee is to have worked at the School of Physical Training (at its current or any previous location).
- 4. A statement of between 200 and 500 words is to be submitted to the Wall of Fame Committee\* stating why the nominee should be considered for inclusion.
- 5. The statement must clearly articulate one or more of the following:
  - i. Achievements or contributions to the field of Physical Education within the RAF or UK Armed Forces.
  - ii. Achievements or contributions by a PTI to enhance or progress the development or standing of the PTI Trade or Q-Annotation.
  - iii. Achievements or contributions by a PEdO to enhance or progress the development or standing of the PEdO Branch or Q-Annotation.
  - iv. Achievements or contributions to RAF or civilian sport.
- 6. The 8 distinguished personnel on display in the museum at this present time cannot be re submitted for consideration.
- 7. The nominee is to have served during the timeframe in question; 1 April 1918 1 April 2018.
- 8. All nominations will be reviewed by the Wall of Fame Selection Committee which is comprised of personnel selected from Q annotations, the PTI and PEdO Associations, the School of Physical Training Warrant Officer and Officer Commanding the School of Physical Training.

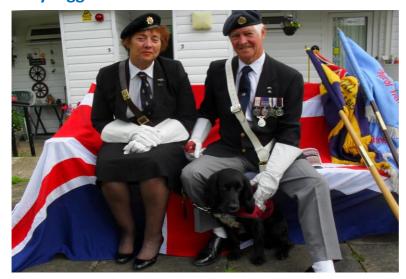
The following 12 are recipients of the award (In alphabetical order)

#### Wall of Fame

(More information to follow in subsequent issues of The Badge)



## **Roy Rigg Stands Down as Standard Bearer**



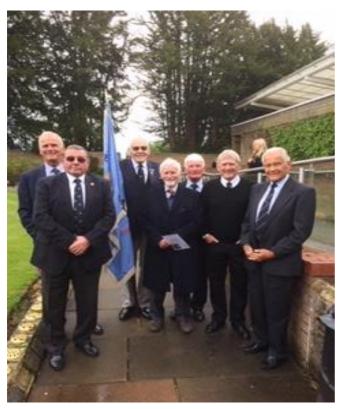
After many years as Standard Bearer, Roy is finally standing down. He has carried out the role with great dignity and has been constant at PTI Association members' funerals and functions the length and breadth of the country, always support by his wife Maureen. Our grateful thanks go to Roy and Maureen.

Of course, this means that the role of Standard Bearer is now vacant...... apply within.

## **Terry Thomas**

About 120 people attended Terry's funeral, mostly from the Burford Golf Club and we were treated to long speeches by Terry's Hungarian wife, his son Max and one of his grand-daughters.

Swin (Ian Swindale, South East and London area rep), started the proceedings off by marching in the standard and delivering the usual Exhortation of Remembrance for the Fallen - he was particularly pleased to have his photo taken with the standard in one of the memorial gardens. The service ended with Frank Sinatra's "I did it my Way". The wake was at Burford Golf Club. There was also a slide show shown of various stages of Terry's family life.





Thanks to Tony Betteridge for the report and photographs.

## Daniel Gareth Williams 'Danny' F/Sgt PTI retd 1935 – 2019.



Danny sadly passed away on 14<sup>th</sup> January 2019 aged 84 years. This eulogy is a combination of his family and No 60 Course PTI remembrances.

Danny was born at Bridgend General Hospital to Edith and Arthur and had a sister Jean who has sadly passed away.

Danny left Grammar School and entered an apprenticeship with the REME and hated it! He entered National Service in the RAF and was posted to Singapore and even though his mother was not happy he loved it! Danny stayed in the RAF for 23 years reaching the rank of Flight Sergeant.

A couple of weeks after he returned from Singapore, he kept complaining that it was so cold! He met Frances in the Palaise De Dance (*Bridgend's* premier entertainment venue during 50's, 60's & 70's) and In February 1959 He told Frances "marry me and I will show you the world" and he did! They were married on 8th August 1959.

Danny and Frances were blessed with two girls, Kathryn and Elizabeth with 3 grandchildren following; Rachel, Shaun and Craig. There's more! 3 great grandchildren Grace, Faith and Eli whom he taught to swim: "we loved swimming with Grandpa he would do the butterfly and we would hang on his back for dear life!"

Understandably Danny loved sport, especially Rugby and Body Building achieving the Title of Mr Wales 1959. Danny also had a love for music and played in several brass and silver bands, he also enjoyed dog walking and tending his garden.

He also did some DIY around the house but was actually, according to his family, not very good at it, being an animal lover, he had rescued a Pidgeon from his garden which had a hurt wing and took it inside overnight and put it safely on a shelf. The problem was he was decorating at the time and had a bucket of wallpaper paste underneath where the Pidgeon was kept; Pidgeon falls off shelf and drowns in the paste bucket! A sad tale but the family still laugh at the memory.

Danny was very protective of his family and had a good sense of humour, known to stride into the road and stop the traffic to allow family members to safely exit the drive! He would have a go at anything, he was approachable and a natural problem solver and always there for his family and friends.

His notable trait of greeting everyone in the family with a customary dig in the ribs was taken as a 'Dannyisim' and this was also became evident in his dealings with UT PTIs who he trained at RAF St Athan School of PT, I am sure we all ended up with an 'industrial injury' from Danny's digs!

In 1975 Danny and Bob Palmer managed to convince the officers of the School of PT that Roy Hunte, Adrian Evans, Alan Burgham, Les Hammond, Bobby Jones, Simon Jay, Mick

Ignatowski, Chris Beech, Geoff Forster and Mick Crampin were of the required standard to award the coveted PTI badge, our achievement was also his own achievement.



PTI's back row L-R

Adrian Evans, Alan Burgham, Geoff Forster, Simon Jay, Bobby Jones, Mick Crampin, Les Hammond, Roy Hunte, Mick Ignatowski, Chris Beech

Staff front row L-R

Bob Palmer, Jim Cooney, Flt Lt Tucker?, Sqn Ldr Davies?, Ossie Williams, Danny Williams.

Danny was sadly diagnosed with Alzheimer's in 2013 and he was feeling the effects of this, when members of 60 UT PTI Course got together for a reunion in 2015.

We met up with him and Bob Palmer in the gym, some 40 years after we passed out under his 'tutelage', the only non-attendees were Adrian who we could not trace and Simon who sadly died of a heart attack, but we lined up to mimic the course photo of 40 years ago, minus the Commissioned gang.

Reminiscing about what a character Danny was is easy and I am sure all UT PTI's who experienced his 'attentions' will have their own stories; I will however take an opportunity to reiterate just a few.

We were all in the gym and we could hear a ruckus coming from the squash courts, apparently Danny was playing squash with Rod Clark and in frustration Rod had smashed the ball into Danny's rear and 'woken the dragon'. It ended up with Rod climbing amongst the rafters with Danny firing numerous squash balls up at him, most entertaining from our perspective, but not I feel from Rod's.



Danny had a quirky sense of humour and would give No 60 UT PTI Course Senior man a 'task' to complete by a Friday which, if achieved, would allow us all to go home for the weekend, approaching one weekend the task was given to make a set of Handball goals, Danny was trying to get this sport off the ground at the School.

Well suffice it to say that the whole course got behind this and to the detriment of a nearby building project the required lengths of tubular steel were surreptitiously delivered to workshops. In short order the goals were painted the required colour and markings and put into the Stone Gym.

Danny came into the classroom the next morning and started to question us on why the task had not been completed and then was told the required 'goals' were in the stone Gym. His shot off to look and came back into the classroom, the only comment he made was "smartass" probably the only time we got one up on him!

Danny's funeral was at Coychurch Crematorium, Bridgend, 10.00 Thursday 24<sup>th</sup> January 2019, Roy Hunte had organised 'surviving' members of No 60 UT PTI Course to be there. When we arrived, there was the band he played in stationed outside playing to welcome us all in.

The service was very well attended by his family and friends who showed the love and esteem that Danny had gathered during his family and Military career, all respectfully attending and wanting to give him a good send off.

Roy Rigg the Association Standard Bearer was in attendance and resplendent as ever and it was good to see the Association so well represented, the following PTI's (retd) also attended: Roy Hunte, Alan Burgham, Bobby Jones, Les Hammond, Geoff Forster, Bob Roberts, and Graham Hughes, apologies received from Bob Palmer, Chris Beech, Mick Ignatowski and Mick Crampin.

We were invited to a local hotel by the family and it was good to catch up with old friends and look over some old photographs which had been brought along, this was especially appreciated by Danny's family who had a limited knowledge of his military career details.

It was also great for us to talk to them and pay our respects and to gain a better insight into 'Mr Wales' by looking at some of their photos and listening to their wonderful memories.

I feel that having attended Danny's funeral and met and talked with his family that we know him a little better, but not as much as we would have liked. Danny was one of a kind, the emphasis being on the word kind.

#### **Les Hammond**

#### **Defence Discount Service**



Defence Discount Service provides discounts both online and on the high street for members of the Armed Forces, Veterans and Armed Forces Community.

Defence Discount Service is home of the Defence Privilege Card, the vetted discount card that can be used in stores, restaurants and venues to obtain armed forces discounts. This discount card allows Veterans and the Armed Forces Community to have a card that can allow them to receive military discounts. Save money online and in store, you can register free and start savings online straight away. <a href="https://www.defencediscountservice.co.uk/">https://www.defencediscountservice.co.uk/</a>

## Royal Mint Centenery Coins - 100 years of Bravery in the Skies



Something unique for Father's/Grandfather's Day

Military Coins honouring the British Armed Forces

https://www.royalmint.com/our-coins/military/

#### **FLY4REAL**

## Allan Hewitt Ex "Red Fred's" open an outdoor wind tunnel in Spain.

Al Hewitt is ex-army and was a member of the Red Devils based at Aldershot ,"Red Freds" was their nickname. He was responsible for training Tom Cruise for the last Mission Impossible movie and this was the wind tunnel they used. Al decided to purchase the wind tunnel from the company that was renting it to the film production company. It's a fantastic piece of kit and extremely safe. The excitement, thrill and adrenaline of skydiving can now be found in Andalucia and you don't need to jump from a plane to experience it. <a href="https://www.fly-4-real.com/">https://www.fly-4-real.com/</a>



Perfect for the whole family, from the age of 5 to 95. Whether you are novice, training to skydive for real, or an expert perfecting your tricks, this is an experience you'll never forget! Fly4Real's professional instructors will guide you through

your flight, teaching you to soar on the outdoor skydiving simulator, so you can feel the rush, without the fear or risk. The venue also has a good go kart facility and restaurant. Ideal for a corporate day out involving both activities.

These instructors have probably clocked up about 24 hours of airtime on the tunnel, equal to approx 2,500 jumps from an aircraft. If you are a professional and enthusiastic skydiving/tunnel instructor, a keen amateur looking to turn pro or just the vibrant and sporty 'type' looking for a new adventure? Come and join the Fly 4 Real team in the beautiful surrounds of Northern Malaga, we are looking for people like you. We are interested to hear from:

- Qualified outdoor Aerodium instructors looking to relocate to Spain
- Indoor instructors wishing to retrain for an outdoor wind tunnel
- Trainee instructors need no previous experience but some is an advantage

https://www.fly-4-real.com/wind-tunnel-instructors-and-trainee-instructors-wanted/

## **Garry Corkish**

#### Jon Austin - Ex RAF PTI

I may have only been a PTI for a brief period but over the years I have realised that not only was it an incredibly enjoyable period of my life but also a life changing experience that prepared and transformed the way I thought about myself and what I was capable of. I joined the RAF in 1983 as an RAF Policeman but from the outset my ambition was always to be a PTI. After continued disappointment due to the Police being unwilling to release me to attend an assessment they eventually relented after 5 years. I had never been so driven to succeed and applied myself like never before to fulfil my dream. I joined fellow remusterers on PTI course 30 guided by our illustrious instructors Bob Priddy and Kev Kinvig.

A memorable group of guys. I am the chap smack bang in the middle whose hair has decided to start flying away!!



I was far from the most capable trainee PTI and was acutely aware of the quality of those around me. We passed out on the 7 June 1989 and I with Mo Khan (Middle on the far left) were posted to RAF St Athan before what turned out to be my final posting to RAF West Drayton in London.

Having been advised that there was little prospect of pursuing my chosen specialisation (Remedial Instructor as I recall it was known), with great reluctance I decided to finish my RAF career after only 9 years.



Throughout much of my teenage years sport was very

important to me. Badminton

in particular began to take over from other sports I enjoyed and as it has transpired it has subsequently been an integral part of my life. Whilst in the RAF I was fortunate to meet and train with RAF PTI Paul Ruthven who

at the time was the best badminton player in the RAF. Not only did this lead to me becoming the RAF and CS champion it also instilled a wish to pursue my sport to see what might be possible. I may not have achieved my dream as a player but gained significantly in other ways. I met my lovely wife Liz on court and have remained involved in badminton in some capacity ever since.

At the time of leaving the RAF I was unsure of the future but lived on the floor of a friend's house before eventually taking up employment as a Physical Training Instructor with the Metropolitan Police. It was the first time the Police service had employed 'civilian' staff into the role and as it turned out all of my fellow new recruits were ex-military PTIs, including Terry King who was also a former RAF PTI.

I was never completely fulfilled in my role with the Police so after 5 years I jumped into a new challenge with David Lloyd Leisure where I quickly progressed to running a number of the company's larger clubs. This new direction was refreshing but also a steep learning curve. Not only did I gain invaluable experience about business management but also the importance of people and relationships.

During my time with David Lloyd Leisure the National Lottery came into being, and funds were allocated to Badminton England to support future World and Olympic medal success. It was an exciting time for British sport which followed the disappointment of the medal haul in the Atlanta Olympic Games in 1996 and led to the commitment by the government to change things. I put my name forward and was fortunate enough to be recruited to join Badminton England to establish a system in badminton that could support the most talented and highest performers to be the best they could be. I had little experience for the task but was highly driven to do everything I could to succeed, throwing myself at this once in a lifetime opportunity. I made mistakes, and we experienced success and disappointment, but my time with England and eventually Great Britain badminton was highly rewarding both personally and professionally.



Nathan Robertson & Gail Emms – Silver medallists Athens 2004

I never wanted to leave Badminton England but reached a point where I felt I must broaden my experience and outlook on the world. In 2008 I joined UK Sport, the organisation that allocates lottery and public funds to Olympic and Paralympic sports. This opened my eyes and allowed me the opportunity to work with numerous sports and people who were at the forefront of the British high-performance system. It was not to be a lengthy appointment, following being offered the role of CEO for Pentathlon GB — the



Samantha Murray –Silver medallist London 2012



organisation responsible for the sport of Modern Pentathlon. This was a challenging experience but leading into the London Olympic Games it was another once in a lifetime opportunity that I could not refuse. I remain incredibly proud to have played a small part in securing the final medal of the Games when Samantha Murray crossed the line to win a silver medal in Greenwich Park.

In 2013 I returned to my passion, taking on the role of Great Britain Performance Director responsible for the Great Britain and England badminton programmes (which subsequently also included the Paralympic squad). I had not planned to return but given the chance I once again gave it my all to address the many challenges and in particular the lack of success on court. It has not been plain sailing and I have experienced a number of significant highs and lows, but I will never lose sight of how privileged I am to do what I do in the sport I care about so much.



Chris Langridge and Marcus Ellis -Bronze medallists Rio 2016

I find it difficult to articulate properly what it meant to me to have been an RAF PTI, but I can confidently say it was the kick start I needed for what has followed. I am always proud to say when asked that I was once an RAF PTI and hope over the coming years I will be able to catch up with many of my old colleagues and friends to find out what they have been up to and to share our memories.



Commonwealth Games Team - Bronze medallists 2018

**Jon Austin** 

# Long Distance Walkers Association www.ldwa.org.uk

I first became aware of the LDWA in 1979 when a letter was sent round all RAF Stations asking if anyone wished to enter the annual LDWA 100-mile Challenge Walk. This sounded interesting, if slightly daunting, but I decided to put together a team to "give it a go", as we did in those days. Eventually, after less than adequate training, and all the wrong kit, I had a team of 4 willing to travel almost the entire length of the country from Lossiemouth to Dartmoor!

There were, of course, many more RAF people there, who were as insufficiently prepared as we were! We had 48 hrs to complete the 100 - mile cross country route and, of course, it was wet and miserable, there were long sections in the dark and I had to dredge up my (tenuous!) knowledge of navigation. Needless to say, we failed miserably and had to retire at 41 miles with blisters, soaking wet through (pre Goretex days) and not even half way round! Funnily enough, it did not put me off, and as the memory of pain is short lived,

I decided to have another go 5 years later. So, in 1984, a few of us from Marham went back again to Dartmoor (coincidentally, as the venue changes every year). This time I was slightly more savvy (i.e. did not wear DMS boots!) and being more determined to finish (the weather must have been better!) managed to struggle round in just over 35 hrs. This is continuous walking apart from calling in at checkpoints to get your tally card clipped, and drinking/eating whatever snacks are on offer. It also means no sleeping which is just about manageable for one night. Navigating in the dark and the rain at 3am is not that enjoyable but the plan is always just to get to the next checkpoint, and then decide if you are capable of reaching the next one!! Because you can also run (with a later start) in these events, I decided to run/walk the next 100 miles, so at least I would be back a bit quicker.

The 1985 event was in the Yorkshire Dales and I decided to recce the course (it is allowed) a few weeks before (getting more savvy!). I was fortunately in good marathon running shape for this 100 (I had to be as the route went via the 3 Peaks!) so I was able to run for quite a long way wearing fell running shoes. I eventually had to walk and staggered in to the finish at Settle in just over 28 hrs, so progress was being made. There are usually 500 people on the start line for these events but because this was a particularly hilly and hard course, only about half finished (I was 19<sup>th</sup>).

The following year, the route for the 100 was on the South Downs where the record time was set in 1980 by Major Keith Arnold at 16 hrs 13 mins! Based on this, I was hoping to run under 24 hrs. Sods law then kicked in and I was sent at short notice to the Falklands for 4 months. In 1987, I was determined to try again as the venue was to be in N Wales, starting/finishing in Llanrwst! I did not recce the route this time, but relied on various beasting (sorry, hill training) sessions on AT courses there. I do remember conditions being wet and claggy (Scottish for cloudy) but I was running well and got around in just a smidgen over 24 hrs to finish in 12th place. It is not a race (unless you are competitive and want to do well!), but I also vividly remember not being able to run properly for about 3 months afterwards!

The reason for writing this article was that I was foolishly going to tackle the Hadrian 100-mile event this May! 32 years after the last one may be pushing it a bit, but I did a 50-mile qualifier last year (compulsory for entry) and thought I may be able to give it one more shot.

Unfortunately, at 67 too many wear and tear injuries have taken their toll, so I have reluctantly pulled out. I will still help out manning one of the checkpoints and watch the others enjoy (suffer) the walk. There are now 119 people over 70 yrs of age who have completed a 100-mile challenge walk, and the oldest is 81! One lady, Sandra Brown has now completed 196 of various off-road, road and track 100 milers – most under 24 hrs!

One mile at that speed, to see how fast it feels! Her husband Richard holds the Lands' End to John o' Groats record as a walker. Faster than any runner! The LDWA was formed in 1972 "to further the common interests of those who enjoy long distance walking (any walk over 20 miles)".



#### The coastal walk

There are 43 separate
Groups in the UK and they
provide weekly/monthly
social walks and regular
Challenge Walks.
Challenge walks allow you
to go at your own speed,
navigate your way round
the course and you get a
certificate if you finish
within the time limit
(sometimes you can buy a
badge!). It is not The
Ramblers!

Because of the mental and physical benefits of walking, there are now almost 10,000 members in the Association. With membership costs at £15 per year, it is a cheap way to keep fit and you may surprise yourself by how far you can actually walk – if you give it a try! Remember the people who are completing the 100 Mile Challenge are ordinary people doing extraordinary things.



Me at Loch Muick

These 25/40/50/100-mile challenge walks are a peculiarly British thing – a personal challenge of fitness, navigational skills, endurance and above all, sheer stubbornness. You could even try to walk 1000 miles in a year, which is only 2.74 miles per day (<a href="www.walk1000miles.co.uk">www.walk1000miles.co.uk</a>. Even better - it is a very good excuse to go out a buy some new shiny walking kit! A bit like buying new Golf clubs. You are investing in your health (honest!). Remember ......Everywhere is within walking distance – if you have the time!

#### John Henderson

## The Lost Lionesses- England's forgotten teenage trailblazers

This year's FIFA Women's World Cup, which takes place in France in June and July, is likely to be the most high-profile tournament yet and England's Lionesses are among the favourites. They will be watched by tens of thousands at the grounds and by millions of people at home, with all games live on the BBC in the UK. With today's facilities and funding, they will certainly be better prepared than England's original World Cup superstars.

But no matter what they achieve, not much can compare to the moment when a group of inexperienced teenagers ran out on to the Azteca Stadium turf in front of 90,000 deafening Mexican fans. The Women's World Cup in Mexico 1971 – This is a stirring account of how a bunch of young inexperienced, ill prepared young girls and women played at the World Cup captained by **PTI Carol Wilson** (No 75 Course 14<sup>th</sup> Oct – 23<sup>rd</sup> Feb 1971)

https://www.bbc.co.uk/sport/extra/LNoYd7se8m/the-lost-lionesses



L-R Back Row Judy Breen, Bernice Williams (Davies), Sue Zwart Woodward, **Carol Wilson**, Maggie Ottey, Chris Colquhoon (Williams),

L-R Front Row Cpl Street Brown, Cpl Cathy Webb, Flt Lt Rosendale, Flying Officer Anne Grant, Cpl Eileen Beasley

Thanks to **Bernice Williams** for sending the link to this amazing story of female football trailblazers and **Sue Zwart Woodward** for supplying the photograph.

Where are they all now, it would be good to get No 75 WRAF PTI Course together at the 2020 reunion 3-4<sup>th</sup> April. Indeed as many course reunions as possible, whether you graduated in "the dark ages" or in 2019.

## Reunion of the WAAF/WRAF/RAF(W) Association



Left to right - Lorna Fish, Joyce Smith & Su Turner (nee Tregunno)

The AGM and Reunion of the WAAF/WRAF/RAF(W) Association was held at the Hallmark hotel in Cambridge in April. I was honoured to be elected as Vice Chair of the Association last year. <a href="http://www.waafassociation.org.uk/">http://www.waafassociation.org.uk/</a>. As I am sure you can imagine these reunions are always enjoyable especially listening to the tales and antics of the WAAF members. Their enthusiasm and energy never fails to amaze me.

This year was extra special for me as I was joined at the reunion with two other ex WRAF PTIs, Lorna Fish and Joyce Smith. It was lovely to meet them both again to swap stories and reminisce.

If anyone would like further details about the WAAF/WRAF/RAF(W) Association please do not hesitate to contact me at <a href="mailto:suturner05@gmail.com">suturner05@gmail.com</a>.

## **Su Turner**

It would be good to have more articles from female PTI's either serving or retired. How it is now.... how it was then back then.... Memories and recollections of how your service as a PTI shaped and impacted on your life now and then. The lifelong friendships you have made and what you are doing now.

Please do share your experiences, stories and course photographs, indeed any photographs. We would love to hear from you and maybe even see more of you at the next reunion 3-4<sup>th</sup> April 2020. Perhaps you can persuade your PTI friends to join the "wider" PTI family next year?

Denise Street Brown ptisec@outlook.com.

## Shout Out for Members – where are they now?

- Dave Francombe PTI/PJI (Frank Egerton looking for him) Course 108 graduated 05/03/1954
- ➤ Martin Burnell is an old mate of mine and has kindly put me in this direction. My daughter-in-law's Grandfather is an ex RAF PTI. It is believed that he left the RAF as a Flight Sergeant post WWII. His surname was CASHMAN and his Service Number was 531500. Any information that can be found out about him would be greatly appreciated. You can email me at <a href="mailto:scotland099@gmail.com">scotland099@gmail.com</a>
- Any information on the whereabouts of Ted Elkington (Oasby, Grantham) our President Geoff Fortnam would be pleased to hear from him.
- ➤ The following are all listed on the RAF PTI Association database, but we have lost contact with them, any information about their whereabouts would be greatly appreciated, please email the secretary Denise Street Brown <a href="mailto:ptisec@outlook.com">ptisec@outlook.com</a> or call 07737192103
  - Doug Fletcher LKA (last known address) Amesbury, Wiltshire
  - W Fletcher LKA Stamford, Lincolnshire (Christian name would be appreciated if anyone knows?)
  - J Harding LKN Roddington, Brampton (Christian name would be appreciated if anyone knows)
  - Jason Hill LKA Wattisham, Ipswich
  - Bunny Humphies LKA Newark, Notts
  - David Jackson LKA Altringham
  - William Kelly LKA Bingham, Notts
  - M Lovatt LKA Heighton, Lincs (Christian name would be appreciated)
  - H.L McCreary Aberystwyth, Ceridigion (Christian name would be appreciated)
  - Derek Oldam Clevelys, Blackpool
  - J Orill no further information
  - M Osbourne LKA Paignton
  - BDK Price LKA Soterec, Puy 'L Eveque, France (Christian name would be appreciated)
  - Peter Pugh relatively new member in 2014, contact details accidentally deleted
  - Dave Ross, LKA Boredom, Hants
  - Justin Scholes LKA Birmingham
  - Lillian Shattock LKA Milton Keynes. Bucks
  - Len Shepherd LKA Salford
  - PN Stewart LKA Morpeth, Northumberland (Christian name would be appreciated)
  - Matt Tilling LKA Lincoln
  - John Truscott LKA Salisbury
  - Andy Vaughan/Vaughton? LKA FDTC RAF Fairbourne
  - Keith Wood LKA Keyman, Leicestershire

## Your Regional reps are as follows:-

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